



## **NRA Basics of Personal Protection Outside The Home Equipment Requirements for Students**

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**\*\*\*NO AMMUNITION PERMITTED IN CLASSROOM\*\*\***

- **Prerequisites - NRA Basics of Personal Protection In The Home course**
- **Pistol – Primary Concealed Carry Pistol (Revolver or Semi Automatic)**
  - Revolver
    - .38 caliber or greater. No MAGNUM rounds.
    - Speed loaders required if you're going to use a revolver. One or more reloads required at each position during firing exercises.
  - Semi Automatic
    - .380, 9mm, .40, .45. No MAGNUM rounds.
    - Extra magazines required, more than one will be necessary. One or more reloads required at each position during firing exercises.
  - Strong side Outside The Waistband hip holster or holster purse required. No Inside The Waistband, Cross-draw, Small-of-the-back, or shoulder holsters permitted.
  - Large shirt or vest to conceal pistol when holstered on your waist.
- **Ammunition – No Magnum rounds**
  - 250 Rounds of ammunition for your pistol. 300+ rounds recommended. Minimum of 206 hits on target required. You may require extra ammunition to meet requirements.
  - **All ammunition is to be left in your vehicle.**
  - The ONLY time you'll need ammunition is when we arrive at the range on Days 2 and 3.
  - Factory ammunition ONLY. No reloaded ammunition is permitted.
- **Eye protection**
  - If you wear eyeglasses, that is permitted.
- **Hearing protection**
  - Over the ear or foam pads in the ear are both acceptable.
- **Recommended**
  - Knee pads if you wish. You will be kneeling for some exercises.
  - On the belt magazine/speed loader pouch(es).
  - Pistol cleaning equipment - if you have it.
  - Handgun owner's manual – if you have it.
- **Cost of Course – \$200 (\$25 Range Fee built-in)**

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## **Equipment Provided for Students**

- **NRA Course Materials**
- **Targets**
- **Note pad and pen**
- **NRA Certificate of Completion**

## **NRA Basics of Personal Protection Outside The Home**

### **Day 1 - Classroom**

- Lesson I -** Introduction to Concealed Carry Safety and the Defensive Mindset  
Duration - 1 Hour
- Lesson II -** Introduction to Self-Defense and Concealed Carry  
Duration - 1 Hour
- Lesson IV -** Carry Modes and Pistol Concealment  
Duration - 1 Hour
- Lesson VIII -** Sport Shooting and Training Opportunities  
Duration - .5 Hour

### **Day 2 - Range**

- Lesson V & VI -** Basic Defensive Pistol Skills  
Duration - 4-5 Hours

### **Day 3 - Range**

- Lesson VII -** Special Shooting Techniques  
Duration - 5-6 Hours

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**Assessments • This is an Objectives-based Course. Students must place the prescribed number of shots on target for each exercise. Each Student Must Successfully Complete:**

1. Presenting the Pistol from Holster or Purse (without concealment). Minimum 10 shots. -7 yards, 2 magazines with 5 rounds each. 1 shot for each of 10 repetitions drawing from holster. **Full Commands**
2. Presenting the Pistol from Holster or Purse (without concealment). Minimum 10 shots. 7 yards, 2 magazines with 5 rounds each. 1 shot for each of 10 repetitions drawing from holster. **Shortened Commands**
3. Presenting the Pistol from Holster or Purse and fire 2 shots (without concealment). Minimum 12 shots. -7 yards, 2 magazines with 6 rounds each. 2 shots for each of 6 repetitions drawing from holster. **Shortened Commands**
4. Presenting the Pistol from Holster or Purse with Concealment. Minimum 8 shots. -7 yards, 2 magazines with 4 rounds each. 2 shots for each of 4 repetitions drawing from holster. **Full Commands/Shortened Commands**
5. Presenting the Pistol from Holster or Purse with Concealment & Move to High Barricade. Minimum 12 shots. -7 yards, 2 magazines with 6 rounds each. 2 shots for each of 6 repetitions drawing from holster. **Full Commands/Shortened Commands**
6. Presenting the Pistol from Holster or Purse with Concealment & Engage 2 Targets. Minimum 12 shots. -7 yards, 2 magazines with 6 rounds each. 1 shot at each of two targets for each of 6 repetitions drawing from holster. **Full Commands and Shortened Commands**
7. Presenting the Pistol from Holster or Purse with Concealment & Move to High Barricade. Minimum 10 shots - **Use shooting hand ONLY**. -7 yards, 2 magazines with 5 rounds each. 1 shot for each of 10 repetitions drawing from holster. **Full Commands and Shortened Commands**
8. Presenting the Pistol from Holster or Purse with Concealment - Point Shooting. Minimum 10 shots. -2 yards, 2 magazines with 5 rounds each. 1 shot for each of 10 repetitions drawing from holster. **Shortened Commands**
9. Presenting the Pistol from Holster or Purse with Concealment - Point Shooting with Shooting Hand ONLY. Minimum 10 shots. -2 yards, 2 magazines with 5 rounds each. 1 shot for each of 10 repetitions drawing from holster. **Shortened Commands**
10. Presenting the Pistol from Holster or Purse with Concealment - Hip Shooting with Shooting Hand ONLY. Minimum 10 shots. -2 yards, 2 magazines with 5 rounds each. 1 shot for each of 10 repetitions drawing from holster. **Shortened Commands**
11. Presenting the Pistol from Holster or Purse with Concealment - Moving Rearward. Minimum 10 shots. -7 yards, 2 magazines with 5 rounds each. 1 shot for each of 10 repetitions drawing from holster. **Shortened Commands**

12. Presenting the Pistol from Holster or Purse with Concealment - Moving from Standing to Kneeling behind Low Barricade. Minimum 10 shots. -7 yards, 2 magazines with 5 rounds each. 1 shot for each of 10 repetitions drawing from holster. **Shortened Commands**
13. Presenting the Pistol from Holster or Purse with Concealment - Moving from Standing to Squatting behind Low Barricade. Minimum 10 shots. -7 yards, 2 magazines with 5 rounds each. 1 shot for each of 10 repetitions drawing from holster. **Shortened Commands**
14. Presenting the Pistol from Holster or Purse with Concealment - Moving from Standing to Kneeling or Squatting behind Low Barricade. Minimum 8 shots. -7 yards, 2 magazines with 4 rounds each. 2 shots for each of 4 repetitions drawing from holster. **Shortened Commands**
15. Presenting the Pistol from Holster or Purse with Concealment - Moving from Sitting to Standing. Minimum 8 shots. -7 yards, 2 magazines with 4 rounds each. 2 shots for each of 4 repetitions drawing from holster. **Shortened Commands**
16. Presenting the Pistol from Holster or Purse with Concealment - Standing to turning 90° to the Right. Minimum 10 shots - 7 yards, 2 magazines with 5 rounds each. 1 shot each for 10 repetitions. **Shortened Commands**
17. Presenting the Pistol from Holster or Purse with Concealment - Standing to turning 90° to the Left. Minimum 10 shots - 7 yards, 2 magazines with 5 rounds each. 1 shot each for 10 repetitions. **Shortened Commands**
18. Presenting the Pistol from Holster or Purse with Concealment - Standing to turning 180° to the Left. Minimum 10 shots - 7 yards, 2 magazines with 5 rounds each. 1 shot each for 10 repetitions. **Shortened Commands**
19. Presenting the Pistol from Holster or Purse with Concealment - Standing to turning 180° to the Right. Minimum 10 shots - 7 yards, 2 magazines with 4 rounds each. 1 shot each for 10 repetitions. **Shortened Commands**
20. Presenting the Pistol from Holster or Purse with Concealment - Standing, Kneeling, or Squatting (Extended Range). Minimum 8 shots - 10 yards, 2 magazines with 4 rounds each. 2 shots each for 4 repetitions. **Shortened Commands**
21. Presenting the Pistol from Holster or Purse with Concealment - Standing, Low Light Conditions. Minimum 8 shots - 10 yards, 2 magazines with 4 rounds each. 2 shots each for 4 repetitions. **Shortened Commands**
22. Receive an acceptable score on an NRA Personal Protection Outside The Home Course examination.

### **Class Duration – Approximately**

- **9 Hours (Basic)**
- **5 + Hours Additional (Advanced) = 14+ Hours**

Time above does not include breaks and time for lunch/dinner. The total for the course may vary.